"The breadth of the offer providing services for children, young people and their families means that the Hanworth Centre truly is the hub of the local community. Very few agencies like HAY exist and Hounslow is lucky to have it"

— Michael Marks, Assistant Director Education & Early Intervention, London Borough of Hounslow

HOUNSLOW ACTION FOR YOUTH

ANNUAL REPORT

YEAR ENDED 31/03/2013

Hello & welcome!

A word from the Chairman

HAY's vision is 'to open new doors for children and young people showing them possibilities that they might not have imagined'.

We develop a range of initiatives for young people at risk of being socially marginalised, providing support from pre-school through to young adulthood and beyond, with an emphasis on prevention through early intervention.

The Hanworth Centre continues to thrive as a hub for the community. It is a safe and inviting space for all generations. On average 120 people use the Centre each day, 5 $^{1/2}$ days per week.

As well as continuing all our current programmes, we will introduce new ones in 2013/14 focusing on troubled families, parenting and additional weekend activities. This will finally fulfil our long-term aim to be open every day of the week.

We would like to acknowledge the support of the local authority in making these programmes possible.

Financially, it was also a good year; revenue increased by 6% to £540k, and operating income was £28k, an improvement of £50k. Revenue reserves were 4% higher.

As ever, on behalf of the Committee I would like to thank Debbie Hughes, our Centre Director, and her team for their dedication and upholding of the HAY ethic.

David Kaye,
Chairman

A few words from Centre Director

We have had yet another exciting year with a number of developments.

In order to improve our evidence base, we created a new evaluation framework for the HAY JYIP (Junior Youth Inclusion Programmes), which we operate on behalf of the London Borough of Hounslow.

Our new Parent Coffee Mornings allow parents to share their experiences and get advice on parenting skills. We have run workshops on a range of topics and provided work skills training opportunities as they have grown in confidence.

The Mural at the rear of the Hanworth Centre was redesigned as part of the summer programme. Young people worked with HAY's Art Development Worker and staff to update and refresh the artwork, to make more dynamic.

The Hanworth Centre Allotment Project has gown into something fantastic. We worked in partnership with Feltham Young Offenders Institution's young adults, who were completing the 'Voluntary Work in the Community' element of their Duke of Edinburgh's Award. They constructed beds and planted fruit and vegetables.
The allotment will become a valuable resource for our JYIP and other youth groups, allowing the young people to grow, pick and cook their own vegetables as well as providing staff with opportunities to discuss healthy eating and food preparation.

You will read about further developments with the various Clubs and Projects as you go through this year's Annual Report, which would not be possible without such a passionate and dedicated staff team.

Debbie Hughes,
Centre Director

Breakfast Club

Breakfast Club

Our staff team offers quality care and support to children who attend Oriel Junior School and also to their parents, many of whom need help to ensure that their children attend school.

We also enable a number of parents to continue or return to work. If they are unable to bring their children to the Centre, we collect them from home and at the end of the session all the children are taken to school.

We provide a nutritious breakfast to ensure the children learn about healthy eating and the important role it plays in aiding concentration at school. We teach them life skills such as how to clean their teeth, personal hygiene and road safety. After breakfast they participate in sports, creative activities and cooking, with regular incentives to encourage participation and reward creativity. We also help children with their homework if they need it.

In 2012/2013

30 children were on the register. An average of 15 – 18 children attended every day.

70% of mothers were working or gaining necessary education to return to work.

65% of children were referred by Hounslow's Early Intervention Team.

Caterpillar

Pre-School

Caterpillar Pre-School

Many of our children are from disadvantaged backgrounds and receive 2-Year-Old Funding, available to those who meet the Government's criteria of "families in need".

Early intervention is vital to ensure that children are given a solid foundation on which to build their future learning and life skills. Almost half our children have English as a second language, some having no English at all when they first attend.

To address the range of needs, we work with small groups to help develop social skills, behaviour management and to overcome language and communication difficulties.

We also continue to work closely with Hounslow's Early Intervention Team. This ensures that those who need it receive one-to-one support at the Centre, and/or referrals for Speech/Language Therapy and a diagnosis of specific learning difficulties.

This year, we were awarded a grant in recognition of our commitment to early intervention work. It will be used to create a "Quiet/ Sensory Space" which will enhance our school.

Parents are always invited to attend end of term events and Parent Mornings to discuss their child's progress.

Fact-sheets on child-care are always available and we ask parents to come and talk to us if they have any concerns about their child's behaviour or progress. We also encourage them to came and share experiences at the Centre's weekly Parent Coffee Mornings, where they can make links with other parents and discuss childcare issues.

Caterpillar Pre-School has proved to be an invaluable local resource for many families.

In 2012/2013

30 children attended Caterpillar Pre-School

48% had English as their second language

10% received one-to-one support for specific needs.

50% received 2-Year Old Funding until they were old enough to receive EEE Funding

70% currently receive EEE Funding

4% required Bursary Funding

Junior Youth Inclusion Project

Junior Youth Inclusion Project

HAY has continued to run two JYIPs – covering Hanworth and Feltham and Bedfont. Hanworth continues to run four evenings per week. Feltham and Bedfont runs three evenings per week.

This year we created a steering group with a wide range of partners including the Early Intervention Service, Family Works, the Common Assessment Framework (CAF) team, NSPCC, Housing and schools. The steering group is an important part of the project allowing forward thinking and new strategic ideas.

As well as those with challenging behaviour, over the last year, both projects have had a high intake of young people who require support because of vulnerability displayed either at home or school. Many referrals are young people under the social services umbrella, as well as those being supported within the CAF. As a result, we form part of their Care Plan and work closely with all the agencies involved; local schools, Child and Adolescent Mental Health Services (CAMHS), social care, housing and the police.

Both projects have a high number of young people with Autism, Attention Deficit Hyperactivity Disorder (ADHD) and other special needs.

The JYIP uses a Key Working Scheme, Circle Time and the completion of Report Cards or Assignments Book. Each young person will have individual and specific targets set to ensure that the changes required are made. We continued to use the Leader Board, a tool which ensures that young people keep working towards being the JYIP Star of the Week. The Leader Board is used as an incentive for participation in day trips, activities and other rewards. In 2012 young people from both JYIPs went on a joint residential. They were chosen because of their vulnerability and the chaotic lifestyles they experience in the family home. This trip was a reward for improved behaviour and the experience helped to develop their confidence and self-esteem.

A former JYIP participant won the "Young Person Sports Achievement of the Year" award in the 2012 Hounslow Youth Achievement Awards. This was a perfect example of how the JYIP programme is able to turn someone's life around. He has now started volunteering with a local partner in his chosen field of sports development.

This year we expanded the Family Support Project, working alongside parents, we looked at family dynamics and introduced reward charts and action plans. When our young people have multiple organisations working with them, we take the role of lead professional to break down barriers between parents and other organisations. We also make parents aware of training courses and give advice on benefits and employment.

The Feltham and Bedfont JYIP held a successful consultation with all parents, which led to more family orientated workshops and trips. Since then the project has formed a working group of staff and parents.

We continued our free weekly lunchtime clubs in local primary schools in the Hanworth, Feltham and Bedfont area. These sessions are important because they show the young people that there is a strong link between the JYIP and their schools.

When our young people show challenging behaviour at school, we will support the teaching staff and work with the young person in the classroom.

In 2012/2013

Hanworth JYIP:

Worked with 33 young people in 149 contact sessions. These included JYIP sessions, school sessions, trips and family support work sessions.

75% of young people referred attended between 3 – 4 times a week.

90% achieved marks above 6 on their report card every day (6 – 10 = good / excellent behaviour).

90% of parents engage with family support work

There are no young people aged 8-13 from the Hanworth Ward of Hounslow on the Feltham Anti-Social Behaviour Action group (FASBAG).

Feltham and Bedfont JYIP:

Worked with 53 young people in 106 sessions

Held 195 contact sessions with parents

90% attended all JYIP sessions.

85% achieved marks above 7 on their report card every day.

There are no young people aged 8-13 from the Feltham and Bedfont Ward of Hounslow on the Feltham Anti-Social Behaviour Action group (FASBAG).

In Loving Memory of
02.02.84
GAVIN JONES
07.06.02
Fun
Zone
WO

FunZone

FunZone provides opportunities for children aged 7 to 11 to participate in a wide variety of activities to which they otherwise would not have access and to learn new skills in a safe, caring and stimulating environment.

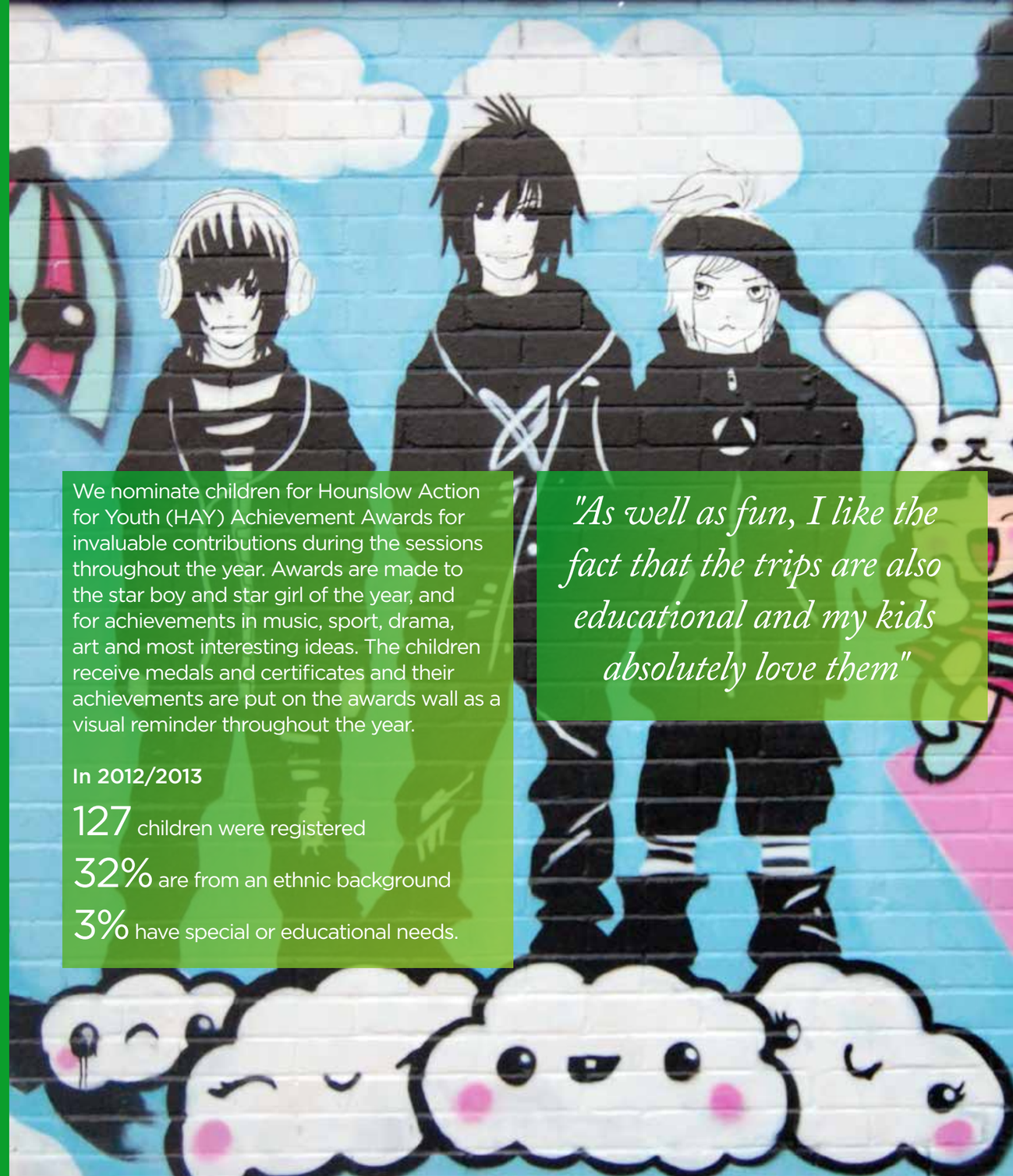
This year, on-site activities have included Olympic Sports Challenge, the celebration of the Queen's Diamond Jubilee and expressive arts workshops.

In addition, we ran cooking sessions which focus on nutrition, balanced diets, health & safety and food hygiene. Various group discussions and workshops took place throughout the year covering topics including personal hygiene, road safety awareness, child safety week, cultural awareness, learning disability week, World Book Day, bullying awareness and anti-social behaviour involving dogs.

During the school holidays we made various off-site trips including Namco Funscape in Waterloo, a London Open Head Bus Tour, a trip to the Northolt Hills, bowling, The London Eye, Sealife London Aquarium, Marwell Outdoor Activity Centre and a two night residential to the Kingswood Centre.

We also had a Family Funday at Lammas Park in Staines. The children loved the trips and the experience of going on public transport into Central London, which was a new experience for many of them.

For these children, the creative, non-judgmental, co-operative environment is a welcome contrast to their home life. Some of them have learning or emotional difficulties, some display disruptive behaviour and others find it difficult to participate in group activities. Many have severe problems at home or at school. Whilst they think they are simply playing and having fun, we are able to work with them, their parents and teachers to find solutions to their problem behaviour and provide extra support or services to help to integrate them in the group.



We nominate children for Hounslow Action for Youth (HAY) Achievement Awards for invaluable contributions during the sessions throughout the year. Awards are made to the star boy and star girl of the year, and for achievements in music, sport, drama, art and most interesting ideas. The children receive medals and certificates and their achievements are put on the awards wall as a visual reminder throughout the year.

In 2012/2013

127 children were registered

32% are from an ethnic background

3% have special or educational needs.

"As well as fun, I like the fact that the trips are also educational and my kids absolutely love them"

Club Freedom

Freedom Club

The Freedom Club aims to bridge the gap between the FunZone & The JAM and provide support for 11 to 13 year olds through their transition from Primary to Secondary school.

We have built a strong and trusting rapport with the young people through group and one-to-one workshops; enabling them to seek advice and support from staff on matters which they find awkward discussing with their parents. Group discussions, workshops and drama cover topics such as self esteem/respect, conflict resolution, bullying awareness, personal hygiene, breast cancer awareness, staying safe on social networking sites and anti-social behaviour involving dogs; all of which have been identified as key for the development of the young people during this stage of their lives.

Our Freedom Forum gives young people the opportunity to have a say on the activities offered during the sessions, trips during the half terms and specific workshop topics that relate to their experiences. It also enables the staff to suggest topics which the young people may find useful.

During the school holidays we made various off-site trips, which included ice skating, going to the cinema, Outdoor Lazer Quest, London Dungeon, The London Eye, Sealife London Aquarium, Marwell Outdoor Activity Centre and a two night residential to the Kingswood Centre. This year, on-site activities included Football Coaching, a Table Tennis competition, Beauty Therapy and Healthy Eating cooking sessions. We encouraged the young people to plan the journeys on public transport into Central London, which was a new experience for many of them. This responsibility provided them with invaluable skills in leadership, organisation and communication.

In 2012/2013

The Freedom club had 43 young people registered.

20% are from an ethnic background

2% have special or educational needs.

"I can talk to a member of staff whenever I have an issue with my children and they do workshops based on that issue"

The JAM

The JAM

The JAM is for ages 13 to 19*; activities include DJ skills & music technology, arts and crafts, cookery, sports, computer skills and the Duke of Edinburgh's Award.

There have been many highlights this year and a particular achievement was to get the Hanworth Centre's first Bronze Duke of Edinburgh's Award group through all its stages.

The summer also provided its own Olympic Challenge for HAY and the Hanworth staff team, as we were asked to provide two weeks of additional activities in central Feltham, in order to divert and prevent potential public disorder.

Targeted work with a known group of young people with anti-social behaviour, took the group kayaking ten miles down the river Wye last summer. Four of the five young people who participated have remained in education, reduced their anti-social behaviour and have stopped appearing on police reports.

The artwork produced this year has been of exceptional quality, especially the new Pop Art Mural, which was inspired by Roy Lichtenstein and can be seen at the back of the Hanworth Centre.

The 'Reclaim a Bike' project was also held during the summer holidays, and taught the young people to maintain and repair their bicycles.

Following consultation with the young people, a wide variety of sporting and other activities were provided during the October and February half terms. These were open access sessions for children and young people aged 8- 18 years within the West locality.

*Up to 25 if they have learning difficulties/special needs)

In 2012/2013

227 young people attended the JAM sessions throughout the year.

70% were male and 30% female.

The diversity of the group is 40% BME.

Connexions

This year we ran a number of workshops to help raise awareness on the long term impact of risky behaviour such as having a baby or becoming involved in criminal activity.

‘Think BIG’ was a tailored programme for NEET young people on Butts Farm estate, to help them identify their own skills and abilities and create a positive vision for their future.

The successful Life Choice programme was facilitated once again during the summer holidays. It is designed to inform young women about the realities of having a baby and the impact it would have on their lives. As part of the programme the young women took an electronic baby home for three days. All the participants who finished the programme came to realise just how difficult it can be to have a baby and confirmed they would seriously consider this in future.

The **‘Work Now’** Employment Programme was developed as a series of workshops and discussion groups which focused on dealing with improving the young persons’ confidence, self-esteem and raising their aspirations.
All the workshops and programmes were inclusive and accessible to all young people aged 16 to 19 in the Hanworth area. Of those attending, 23 had disabilities and/or special needs which included ADHD, autism and Asperger’s, dyslexia and dyspraxia.

Chris Mayo joined the HAY Team in December. Since starting as Connexions Personal Adviser with HAY he has been working with young people in three distinct environments. Firstly, at the Hanworth Centre with NEET Young People, secondly, at Feltham Community College with Year 11 students who are seen by the school as being ‘at risk’ of becoming NEET and finally, with young people who are seeking employment, training or education at ‘The Attic’ based in Hounslow Library.

In 2012/13

112 young people have received careers information advice, support and guidance since January.

16 people have moved into employment (including apprenticeships)

21 have been accepted on to further education

Treasurer's Report

The accounts consolidate the activities of HAY and the Hanworth Centre...

Revenue increased by 6% in 2012/13. However it was still 9% down on the average of the prior three years, mainly reflecting a fall in grants from foundations. Funding from LBH was 70% of income (11/12-65%), following a trend which has become more common in our charitable sector.

Notwithstanding this, we managed within our current resources, keeping expenses incurred this year to the income received last year. Although not an objective in itself, it is one way of managing costs and, as a result, reserves increased by 4%. Maintaining this level of reserves is also not an objective in itself; however in as much as they represent the unspent portion of programme funding received in advance, which is therefore ring-fenced, the level of reserves will clearly fluctuate.

In aggregate restricted reserves covers one year's project costs, with similar cover for administrative costs from unrestricted reserves. However, although some programmes are well funded, others are not, and therein lies our fundrwaising challenge despite the apparently healthy level of reserves.

Summary Results for the year ended 31 March 2013 (to the nearest £1,000)

	2013	2012
Income		
Restricted	470	411
Hanworth Centre	35	71
Unrestricted	28	18
Investment	7	9
	540	**509**
Expenses		
Staff and projects	408	436
Hanworth Centre	73	75
Support	31	20
	512	**531**
Operating Income (Loss)	28	(22)
Amortisation	(72)	(72)
Net Loss	**(44)**	**(94)**
Revenue Reserves	395	389
Restricted	333	311
Designated	90	90
Unrestricted	**818**	**790**

A Big Thank You

Many organisations contribute to our work with children, young people, parents and families. We send an enormous thank you to them all for their donations and support in 2012/13:

Charles Dunstone Charitable Trust
Goldsmiths' Company Charity
J Paul Getty Jnr Charitable Trust
Lloyds TSB Foundation
Heritage Lottery Fund
John Laing Charitable Trust
Anonymous Trusts

Bedford Park Neighbourhood Watch
CfBT
Connexions
Crane Park Children's Centre
HCN Hounslow
Early Years Development and Childcare Partnership
Extended Services Co-ordinator
Feltham Arts Association
Feltham Community College
Hounslow Adult & Community Education
Hounslow Children's & Adult's Services
Hounslow Homes
Hounslow Early Intervention Service
Hounslow Police
Hounslow & Spelthorne NHS Trust
London Borough of Hounslow
Oriel School
Prospects

A big thank you also to the many individuals who have supported HAY during the year.

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HAY Hounslow Action for Youth

London Borough of Hounslow