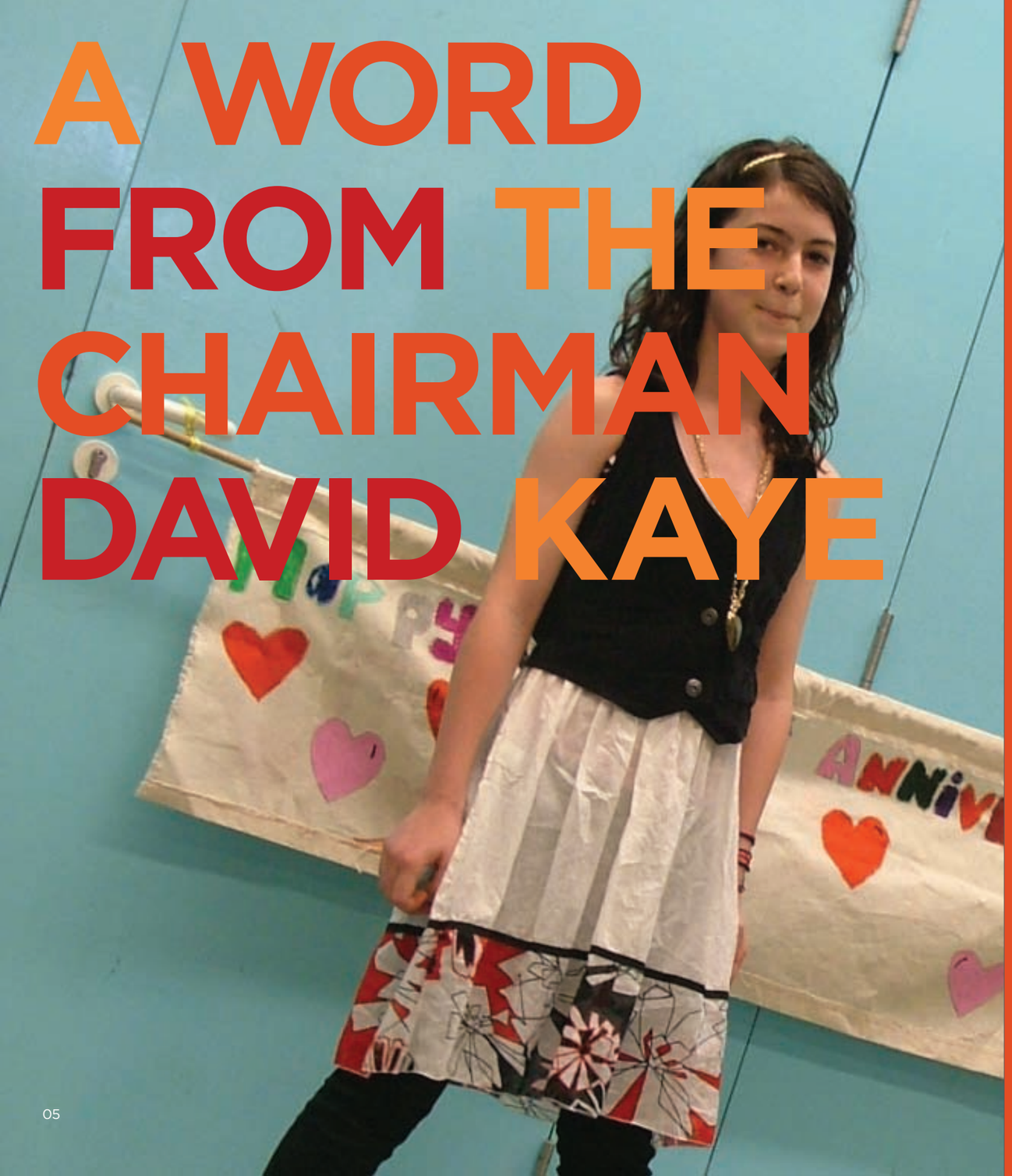
HOUNSLOW ACTION FOR YOUTH

ANNUAL REPORT

YEAR ENDED 31/03/2010

OPENING DOORS TO NEW POSSIBILITIES

A WORD FROM THE CHAIRMAN DAVID KAYE



This has been the 10th year of operation for HAY, a local charity which provides activities and support for children and young people in Hounslow, especially those at risk of offending.

Within the safe environment of the Hanworth Centre, situated in one of the UK's poorest urban areas, we focus on meeting the social, cultural and educational needs of young people and their families, offering opportunities to learn skills, develop confidence and make new friends.

Our big achievement this year has been the recognition of our success in reducing antisocial behaviour since 2003 through our Junior Youth Inclusion Project. We have now been awarded the London Borough of Hounslow contract to set up a second project covering Bedfont and Feltham and we are very excited by our first real opportunity to expand beyond Hanworth.

We have also extended our work with parents across all our groups, which they have found very helpful. By understanding and learning from our ethos when working with their children, many have discovered more effective ways of dealing with challenging behaviour and now have improved relationships with them.

These successes are thanks to Debbie Hughes, our Centre Director and her fantastic staff team, dedicated to making a difference to the lives of the children attending the various groups. They often go well beyond the call of duty because they believe in what they do and are committed to HAY's success. I must also thank the ongoing support we receive in so many ways from the London Borough of Hounslow and the Integrated Youth Support Service in particular.

During the continuing economic downturn, we have managed once again to maintain a stable financial position. This is due to the generosity of funders who have seen that we really do make a difference at the Hanworth Centre, a building which continues to develop as a hub for the community.

CENTRE DIRECTOR — DEBBIE HUGHES

This year HAY has begun to develop its programme for children and young people and their families in the wider community. With the success of being awarded the new Bedfont & Feltham Junior Youth Inclusion Programme (JYIP), HAY will now begin to develop the successful JYIP model outside the Hanworth Centre.

Staffing
There are some new staff at the Centre this year. We said goodbye to Leanne Skilbeck, who worked with the Senior Youth Club, the Intermediates Youth Club and was also the Interim Junior Project Manager. We welcomed the new Junior Project Manager, Terone Williams, who joined us in October 2009. Terone has made an impressive start at Hanworth. Anton Yearwood also takes over as the Intermediate Leader in Charge.

New JYIP
HAY has been chosen as the preferred provider for the extension of the Junior Youth Inclusion Project (JYIP) into Bedfont & Feltham, as well as continuing the existing Hanworth Project for a further three years.

HAY's staff team is now set to grow. The new Project Manager for the Bedfont & Feltham JYIP, Glen Thomas, joined HAY in January 2010.

A number of new initiatives including, the Life Choice Programme and the Learning for Life Programme (L4L) were developed throughout the year.

Capital Works
It's official! The Hanworth Centre's capital works are now complete. HAY received funding for the last section of the building which needed to be refurbished. The downstairs girls' and boys' toilets are now a good deal more pleasant to use.

Successful Fundraising

40% of our funding applications were successful

£40k awarded to complete the Centre refurbishmentt

£3k for Caterpillar Pre-School bursaries

£2k towards Breakfast Club

£45k over two years to develop our parenting support

£18k towards Seniors

£1900 raised by the JYIP and Juniors for new sofas

"The impact you have had on the lives of children, young people and their families has been profound and I, personally, and on behalf of the Integrated Youth Support Service, want to thank you. I hope that there will be many more years of collaboration."

— *Liz Hassock* Head of Integrated Youth Support Service, London Borough of Hounslow.

07.30—08.50
BREAKFAST CLUB

BREAKFAST CLUB — JOAN YATES

During term-time, the Breakfast Club offers a healthy and stimulating start to the day to children aged 4 to 11 from Oriel School. We offer quality care, helping to ensure that children attend school and enabling parents to continue or return to work. In addition to a healthy breakfast we provide sports and creative activities.

Case History
E's mother had been unemployed for some time and needed to return to work to provide for her little girl. When she was offered a job that began early in the morning, she was able to accept because of the support of the Breakfast Club. E had previously attended the Caterpillar Pre-School and was very excited to come back to the Centre where she is thoroughly enjoying taking part in all the activities with her friends.

36 children on the Breakfast Club register

18 on average attend daily

75% have working mothers

65% have been referred by the Early Intervention Team

09.00—11.45 CATERPILLAR PRE-SCHOOL

CATERPILLAR PRE-SCHOOL — KATHY WITT

Caterpillar Pre-School provides daily term-time care and pre-school education for 26 children per session, aged from 26 months. Many children have speech and language delay, learning difficulties, challenging behaviour and English as their second language.

As a result of their progress here and the close liaison between the Pre-School and other professionals, 5 of the 10 children who have Special Needs are being assessed for a Statement which will enable them to attend mainstream schools with the support.

Our PALS Programme (Play & Learning to Socialise) has helped many other children develop vital social skills and behaviour management strategies. The results have been so positive that PALS is now used during training sessions for other pre-school settings within the borough.

This year the children took part in a Sponsored Toddle in aid of the Meningitis Trust. Some parents joined us and the children raised £200. As well as having fun, this helped to make them aware of the concept of helping others.

Case History
When R began attending Pre-School, her mother told us “R is in her own little world”. She felt that she had not had enough time to spend with her due to many problems at home. From observing R’s behaviour and play during her first morning, the Pre-School staff knew immediately that her language and development delay was a result of a specific need, most likely ASD (Autistic Spectrum Disorder). We advised her parents to seek an assessment through the Child Development Team and also asked our area SENCO to assess her for Special Needs funding. R was quickly diagnosed with severe ASD and her family was able to receive the necessary support. R is now communicating and interacting with others at Pre-School and at home, and has developed skills which are a firm foundation for future learning.

33% have Specific Needs and receive one-to-one support

45% have English as a second language

20% require bursary funding

60% receive the Nursery Education Grant (N.E.G.)

"We are so grateful for the support you have given to our daughter and us as a family. She is so much happier and we feel more positive about her future."

16.30—18.30
JUNIOR YOUTH INCLUSION PROJECT

JUNIOR YOUTH INCLUSION PROJECT (JYIP) — BIJAL KARAVADRA

The JYIP works intensively with children aged 8 to 13, four days a week during term time. Participants are referred because of anti-social behaviour and lack of engagement with education.

Key Achievements and Successes
This year we have forged stronger links with Oriel School which allowed us to use their playing field during the summer holidays. Our young people benefited from the variety of sports and activities we were able to offer them.

Staff on the JYIP also facilitated a girls' group covering topics such a puberty, healthy eating, hygiene and emotional well-being. All the workshops were well-received and the group still meets from time to time. To follow on from this, a boys' group is soon to begin.

Working in the Schools
Our youth workers have begun to support young people who need extra intervention in both primary and secondary schools. We have received excellent feedback on this initiative from both schools and young people.

Joint working at the Hanworth Centre
The Hanworth Centre hosted very successful joint fancy dress parties for the JYIP, Juniors and Inters for both Halloween and Christmas, as well as organising joint trips to central London during the holidays.

Our young people took part in African drumming and dancing sessions and participated in a performance seen by family and friends at Feltham Community College.

The JYIP and Juniors were also successful in raising £1900 towards new sofas for the Hanworth Centre.

Bedfont & Feltham JYIP
In January, the new Project Manager for the Bedfont and Feltham JYIP began working with us. He has a wealth of knowledge and experience and has been working intensively with three primary schools in the Bedfont and Feltham area, building links to ensure a successful start up for the project next year.

Intensive Support
We also offered intensive support to a young person who was in transition between two secondary schools. It included work on self esteem, reflecting on behaviour and building coping mechanisms. We have now designed a programme to support other young people in a similar position.

Some JYIP participants have progressed to the Senior Youth Club and it is pleasing to see them continue to attend the Centre.

"I think this project is brilliant, this is how we should work with young people, they are so happy."

"The girls' group was so much fun, I felt safe to ask questions."

Case History
T has been involved with many agencies since she moved to Hanworth. Professionals were deeply concerned about her emotional state and the fact that she had difficulty making and keeping friends.

She was unable to control her emotions when she was unhappy and tended to lash out. She struggled with her social identity and was finding it difficult to cope with the dual pressures of being a teenager in British society and meeting the very different expectations for girls in her own ethnic minority culture.

The project provided her with a safe place to go and meet new people. Following intensive one-to-one sessions on handling her emotions and coping with difficult situations, she has made new friends. Work was also done around her identity, how she sees herself and how she fits into the community.

T is now fulfilling her potential; she is much happier, more confident and feels that she can trust the staff and young people to support her.

Statistics
Not one young person from Hanworth is listed on the Feltham Anti-Social Behaviour Action Group this year.

80% of young people on the project attend 4 days a week.

Most young people on the project have increased their school attendance.

One young person was nominated for the Artistic Achievement Award at the 2009 IYSS Youth Achievement Awards. This young person also read a poem about friendship in front of a large audience at the Zest for Life event at Hogarth Youth Centre in October.

17.00—19.00
JUNIOR YOUTH CLUB

JUNIOR YOUTH CLUB — TERONE WILLIAMS

Junior Youth Club is for children aged 7 to 11. It provides opportunities for them to participate in a wide variety of activities and learn new skills in a safe, caring and stimulating environment.

This year, on-site activities have included African drumming and dance, street dance, hoola hooping, music production and arts & crafts workshops. The children had great fun designing and making costumes and decorations for the Halloween and Christmas fancy dress parties.

We ran a project about nutrition, balanced diets, health & safety and hygiene. We did this through healthy eating sessions, fruit and vegetable tasting and making natural juices.

Various group discussions and workshops took place throughout the year covering topics such as Stranger Danger, personal safety, Walk to School Week, autism awareness, basic first aid, Chinese New Year, smoking, bullying and racism.

During the school holidays we made several off-site trips which included The Natural History Museum Ice Rink, The London Eye, bowling and the cinema. The highlight was a trip to the theatre to see the pantomime Snow White.

60 Youth Club members

18% are from an ethnic background

13% have special or educational needs

Case History

In November 2009, a member from the Senior Youth Club started cooking sessions for the Juniors. To begin with only two young people were interested. They cooked a variety of recipes which they served to the others. After a couple of sessions more youngsters started to participate and enjoyed planning what to cook at the next session. They also decided how they would contribute and who would be responsible for each section of the kitchen. They worked really well with each other throughout the decision making process.

Through cooking they have gained creative and team working skills. The young cooks were awarded certificates this gave them a great sense of achievement. They have also started to take responsibility for washing the dishes and helping their parents with the cooking at home.

"This is a great place to work, I love its ethos."

"This place is brilliant!"

"My child really enjoys coming here and the staff are very friendly."

19.30—21.00
INTERMEDIATES YOUTH CLUB

INTERMEDIATES YOUTH CLUB — ANTON YEARWOOD

The Intermediates Youth Club provides a bridge between our Junior and Senior Clubs, with a weekly programme of activities targeted specifically at youngsters aged 11 to 13 years.

The Club provides opportunities for young people to participate in a range of activities in a safe and caring setting. It is a young people led project and assists with anything that is useful or helpful to its members.

Discussions and workshops were held on personal safety, smoking, drugs, teenage health, cyber and internet bullying and anger management.

47 young people registered at the Intermediates Youth Club

10% from an Ethnic background

7% have special or educational needs

"The staff are excellent and I want to work here when I get older."

"We have the best music equipment and the best studio at our youth club."

19.00—21.00
SENIOR YOUTH CLUB

SENIOR YOUTH CLUB — ANDY CLARKE

Young people aged up to 19 attend the Senior Youth Club on Monday and Wednesday evenings. In this safe environment they can develop new skills, question, be challenged, socialise and relax.

Life Choice Programme
The excellent work between different teams operating at the Hanworth Centre has been the highlight of the past year. Our Connexions Personal Advisor, Siobhan and the JYIP Manager, Bijal developed and ran a course named Life Choice. It was designed to inform young women about the realities of having a baby and the impact it would have on their lives and those around them.

The programme was targeted at those seen to be at risk of becoming teenage parents. Eleven young women each took an electronic baby home for two days. The course highlighted the roles and responsibilities of being a parent. So far, none of those who participated have become pregnant.

Working with the Police
This year there were four allegations of rape in the local area within six weeks, so we arranged two evenings of safety awareness for girls and young women in the community. More than sixty participated.

The police boxing coaches were present, as well as two other officers who specialise in delivering personal safety training. All participants were given personal attack alarms and the feedback was very positive.

Anger Management Workshops
A few young people asked if we could work on their anger issues. Originally, I did this on an individual basis. Word began to spread that it was very helpful and more young people asked for help and support.

Unlike anger management courses in books, we developed a group programme, which addressed the issues flagged up by the young people, using drama and role play to re-enact real life situations.

Nine young women took part and the feedback was excellent. Due to its success we are developing a week of anger management workshops during the summer holidays. We will also be running a week of self-esteem and well-being workshops.

"My anger was so bad before, but since we did the one-ten exercise my anger has not been past four and it was always at ten. I think about what level I am at if I start to feel angry and by just thinking about what level I am on stops me from going any higher than four."

CONNEXIONS — SIOBHAN DONOGHUE

I designed and ran L4L (Learn for Life) which offers qualifications and work experience to young people in the Hanworth area. 13 joined the programme and 11 of them moved into employment, voluntary work or further training.

This year I delivered motivational workshops at a local college throughout the year and delivered a money management workshop at the Hounslow Integrated Youth Support Service event called 'Flip the Script'.

Another project was to accompany a number of young women to a female prison. We took part in a workshop with inmates which aimed to deter them from becoming involved in criminal behaviour.

Case Study

I met W through the Connexions drop in service. He had qualifications but was losing hope because he could not get a job. He really wanted to become an electrician but couldn't find a company to take him on. He said that he was selling drugs as it was the only way he could make money to support himself and his mother. I helped him to find a part time college placement and employment so that he could make money legally. We still keep in touch; he is studying hard and looking forward to becoming a qualified electrician.

179 young people have received information, support, advice or guidance:

- 11 referred by Connexions
- 34 self-referred
- 33 attended the Connexions drop-in service
- 59 referred via agencies
- 42 came via Senior Youth Club

65 have been on my Connexions caseload

- 19 moved into employment
- 18 moved into education or training
- 19 attended short courses, of these 15 moved into employment
- 15 of these moved into employment, voluntary work, college or further training

2637 contacts made with young people

"Siobhan helped me to see that there are jobs out there and I just needed to believe that I could get one. I put in the effort and it paid off. Now I am working and about to start my driving lessons."

PARENT SUPPORT AT HANWORTH CENTRE

The Parent Support Group at the Hanworth Centre is still well attended. One of the mothers has recently been on a course to prepare her to return to work. She feels that the group has helped rebuild her self esteem and confidence.

We are due to start a new Parent Support drop-in service at the Centre for all users as well as the wider community. This is in partnership with the Extended Services Co-ordinator.

OTHER ACTIVITIES AT THE HANWORTH CENTRE

As well as all the programmes run by HAY, the Hanworth Centre provides facilities for a number of community groups, a twice weekly Well Baby Clinic and Hounslow Adult and Community Education.

There have been, as ever, many benefits to inviting the community to share the use of our building. It makes the Hanworth Centre the thriving hub we want it to be for local people.

TREASURER'S REPORT — DAVID KAYE

The accounts consolidate the activities of HAY and the Hanworth Centre. Both income and expenses in 2010 were very similar to the previous year and reflect another successful year in difficult economic times.

Grants excluding benefits in kind and investment income received by HAY were 51% from the London Borough of Hounslow and 46% from grant giving trusts. Individual donations form only a very small part of HAY's receipts. Other income is from Hanworth Centre subscriptions for programmes run by HAY and community groups who use the Centre for their own activities.

The main expense is in running the programmes and activities at the Hanworth Centre, including the cost of the Centre Director and support staff.

HAY continues to have large restricted reserves; Capital Reserves for the refurbishment of the Hanworth Centre completed in 2004 are being amortised over the remaining 14 years of the lease and, as such, is not income that can be expended. £876,000 remains to be amortised, which includes the cost of additional refurbishment during the year. Revenue Reserves are divided into three parts: Restricted is the unspent portion of programme funding which has been received in advance and is therefore ringfenced; Designated Reserves are required by the Charity Commission and approved by the Directors, and Unrestricted Reserves are available to cover existing programmes that are unfunded in the short-term and the running costs of HAY and the Hanworth Centre.

Summary Results for the year ended 31 March 2010 (to the nearest £1,000)

	2010	2009
Income		
Donations & gifts		
Building redevelopment	26	10
Restricted	485	469
Unrestricted	53	56
Other income	30	31
Investment income	5	28
	599	**594**
Expenses		
Staff and projects	393	393
Premises	76	69
Support	25	32
Depreciation	72	68
	566	**562**
Net Income	**33**	**32**
Revenue Reserves		
Restricted	298	295
Designated	90	90
Unrestricted	270	197
	658	**582**

A BIG THANK YOU

Dozens of people and organisations have been involved in making our work possible at the Hanworth Centre. Although we cannot thank everyone individually we extend our warmest thanks to all those who helped us during the year:

29th May 1961 Charitable Trust
BBC Children in Need
British Airways Community Investment Fund for Hounslow
95.8 Capital FM's Help a London Child
Charles Dunstone Charitable Trust
Chelsea Building Society Charitable Foundation
Clothworkers' Foundation
Community Investment Fund
Connexions
Coutts and Co. Charitable Trust
Early Years Development and Childcare Partnership
Enid Blyton Trust for Children
Garfield Weston Foundation
Gate Gourmet Community Fund
Lloyds TSB Foundation for England and Wales
London Borough of Hounslow
Munro Charitable Trust
St Michael and All Angels Church
SITA Trust
Thames Community Fund
Volant Trust
Anonymous Trusts

CfBT
Crane Park Children's Centre
CVS Hounslow
Extended Services Co-ordination
Feltham Arts Association
Feltham Community College
Hanworth & Feltham Extended Schools Cluster
Hounslow Adult & Community Education
Hounslow Children's Services & Lifelong Learning
Hounslow Homes
Hounslow Integrated Youth Support Service
Hounslow Police
Hounslow & Spelthorne NHS Trust
Hounslow Targeted Youth Support Service
Oriel School
Prospects

Registered Charity No.
296372
Company Ltd by Guarantee No.
2081759
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