HOUNSLOW ACTION FOR YOUTH

ANNUAL REPORT

YEAR ENDED 31/03/2008

WELCOME TO HAY AND THE HANWORTH CENTRE

HAY + THE HANWORTH CENTRE

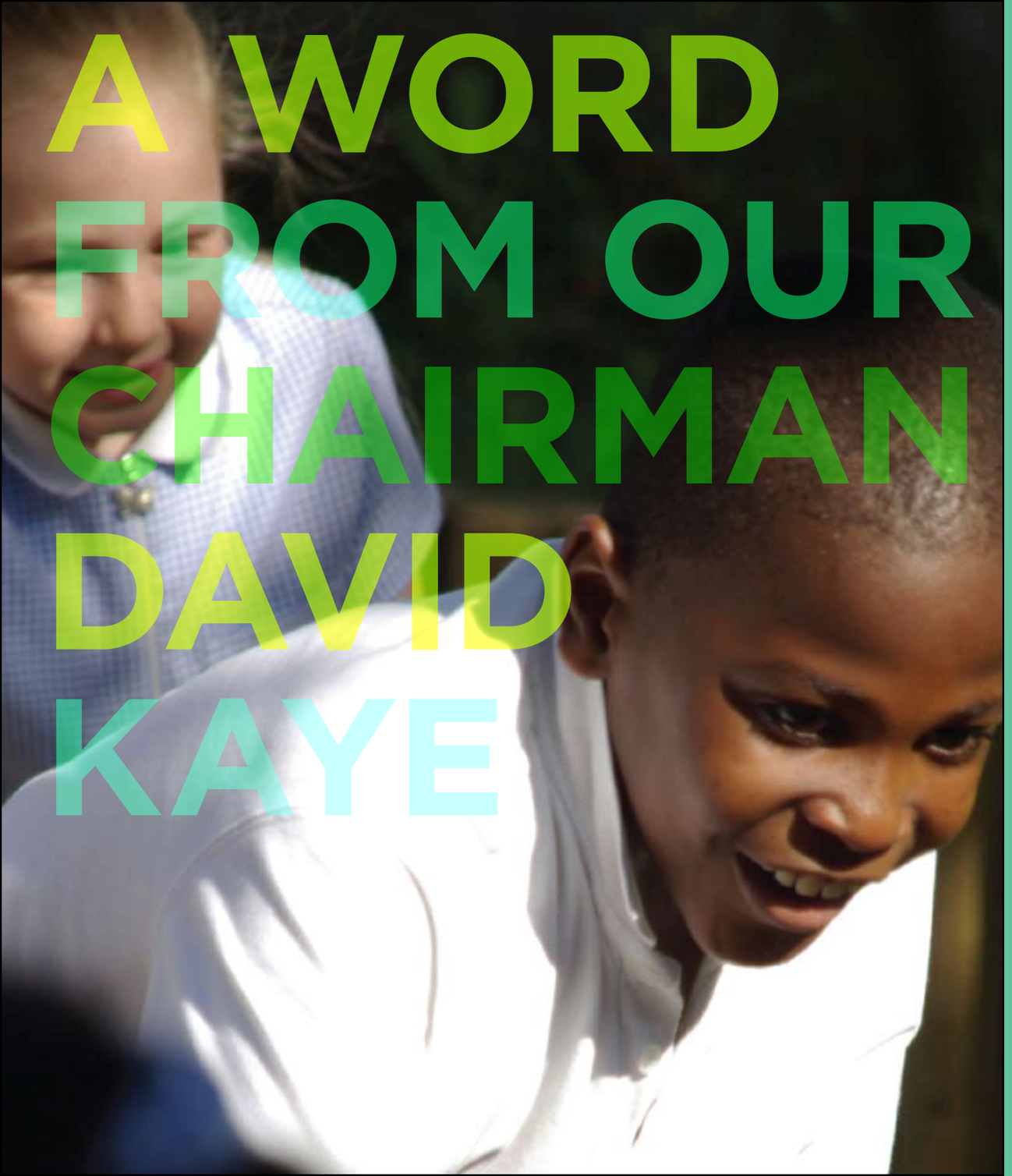
HAY is a local charity which provides activities and support for children and young people, in particular those at risk of offending. We focus on meeting their social, cultural and educational needs, including support for parents. Initiatives take place within the safe environment of the Hanworth Centre, a vibrant youth and community building on the edge of a housing estate in one of the UK's poorest wards.

Our ethos is to promote social responsibility by providing opportunities for young people to develop skills and confidence and by encouraging their active participation in the running of the Centre.

During 2007/2008 HAY was responsible for:

Caterpillar Pre-School
Breakfast Club
Junior Youth Club
Junior Youth Inclusion Project
Senior Youth Club
Connexions Personal Advice Service

In addition, Adult Education runs a number of daytime basic skills courses and local Health Visitors provide a weekly Baby Clinic. It is also the base for several thriving community groups



A WORD FROM OUR CHAIRMAN DAVID KAYE

This has been a year of both stability and development – we ran the same six youth programmes with continued success, introduced a parenting programme, raised funding to start a separate programme for 11 and 12 year olds and improved the management of the Hanworth Centre with the appointment of David Williams as Operations Manager.

We held a successful open house for our stakeholders in September at which we launched our website and we have redesigned our Annual Report to reflect the colour and energy of the Centre.

As you will see from my Treasurer's Report, the finances show a higher level of reserves ringfenced for programming in 2008/2009, although revenue fell slightly in the year. The lack of long-term commitments from grant-giving charities means that we have to manage our programming carefully within our financial constraints.

It takes a lot of hard work to sustain our reputation in the local community, and as always my thanks go to our many stakeholders who have contributed, including Debbie Hughes, the Centre Director, Youth Work leaders, the Youth Service, other departments at the London Borough of Hounslow, the Trustees of HAY, and of course our funders and supporters who continue to show confidence in the delivery of our programmes.

I hope that you will enjoy our new look, and take time to appreciate the heartening stories that can emerge from hard work, dedication, inspirational leadership and team building.

CENTRE DIRECTOR REPORT — DEBBIE HUGHES

The Hanworth Centre has continued to grow and develop this year. A number of new projects and activities have started and are proving successful and well received by the local community.

New Mosaics for the Centre
The young people on the Junior Youth Inclusion Project (JYIP) have completed mosaics for the pre-school playground and it looks amazing. When the young people saw their work on the wall, they were very impressed and showed their parents. This has helped their self esteem and confidence. All the youth groups have contributed to a mosaic tree in memory of Sue Goddard, the valued member of staff who sadly passed away last year.

Sexual Health
A weekly multi agency sexual health clinic for 13 to 19 year olds has started which will cover healthy eating, diet information, C-card condoms, chlamydia screening. Pregnancy testing and emergency contraception will be available. This is as a result of a partnership with the teenage pregnancy advisor, Connexions, primary care trust and Visions. Information, advice and guidance will be available on a number ofsubjects including drugs, alcohol and smoking.

Stakeholder event
The HAY Stakeholder event in September was a great success. Over 200 people attended and the feedback from guests, visitors and staff was very positive. Pledges of support for both monies and help were offered as part of the evening.

MOSAIC — in memory of Sue Goddard

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Staffing
A number of new staff have joined the Hanworth Centre this year. We have a new Connexions Personal Advisor, Siobhan Donoghue who joined HAY in August 2007. A new Operations Manager, David Williams joined the team in November 2007 and new sessional youth workers for the Senior Youth Club who started in April 2008.

Sadly, Paul Goddard, the ICT worker for Adult & Community Education at the Centre, passed away in September. He will be missed by everyone.

Successful fundraising activities
The young people at the Centre have applied for funds and were successful in securing from the Youth Opportunity Fund.

£10k for additional music equipment and studio equipment at the Centre.

£3.5k to fit netting over the multi purpose sports cage, helping to keep the footballs inside the cage and away from the road and power lines.

£3k to replace the special mats used by the Karate Club and self defence classes.

£2.5k for ICT equipment including laptops and the relevant software to help set up a job club for young people 16 to 19 years old.

GOOD MORNING BREAKFAST CLUB

BREAKFAST CLUB — JOAN YATES

The Breakfast Club provides high quality, child-centred care and a healthy start to the day, in a safe, caring and stimulating environment. Membership is open to families with children aged 4 to 11 attending Oriel School, which is adjacent to the Centre.

Case History
B has an older brother with special needs. Their parents are separated and neither is able to look after them so the children live with their grandmother. B has been referred to Breakfast Club by the Hounslow Behaviour and Emotional Support Team. As B's brother needs are complex her grandmother is unable to take B to school herself so Breakfast Club staff pick her up from home, give her a healthy breakfast and stimulating activities each morning before taking her to school.

50% of the children attending have been referred by the Hounslow Behavioural and Emotional Support Team.

40% of the parents have been able to return to work due to the support from the Breakfast Club.

Ongoing Activities
Multi-cultural activities including artwork and cookery. Competitions are often held to encourage and reward creativity.

May 2008
Visit from a Police Officer to talk to the children about safety issues and how to deal with bullying at school.

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"I was in desperate need of the Breakfast Club to pick up my little girl and take her to school because I have a young baby and no family support."

Parent *of child who attends Breakfast Club*

HEY THERE
CATERPILLAR
PRE-SCHOOL

CATERPILLAR PRE-SCHOOL — KATHY WITT

Caterpillar Pre-School operates each morning during term time and provides care and an early years curriculum for 26 children, aged between 2 years 2 months and 4 years 6 months.

Case History

J is autistic. His working mother is single and has an older son at primary school. J was undiagnosed when he came to us approximately 18 months ago. His mother had been given no indication as to why he would not maintain eye contact or communicate with her. The area Special Educational Needs Coordinator and an Autism Specialist were called in to assess his needs, after which we received funding to provide a support worker. Other professionals were contacted to support his progress at home

J was too young to be accepted in to a specialist nursery so we acquired and made resources to help him learn and communicate, including. sensory toys and speech/language development aids. We also learned new techniques and turned our small room into an area where staff can work with J and other children with similar needs on a one-to-one basis without distractions.

J is gradually learning to communicate and make sense of the world around him and is well prepared for the transition to a special class in a primary school in September. His mother is delighted with his progress and with the close relationship she has been able to build with her son.

50% of children attend following recommendation from other parents.

15% of the children live outside Hanworth but their parents prefer to bring them here rather than to a setting closer to their homes. One mother even learned to drive in order to bring her child here!

10% of children attending have been referred by health visitors and community nursery nurses who use the Centre, demonstrating the growth of multi-agency work.

10% of the children attending or on the waiting list have attended the Al-umm or toddler group previously.

New Initiative/Plan for next year
To introduce a Parent Support Group, the Pre School Manager has attended and passed the Triple P Parenting course and is compiling fact sheets for parents on relevant issues & questionnaires to enable them to indicate their greatest need for support.

A Challenge Faced
Many of our children have English as a second language or have language delay. Staff have attended courses and made resources to facilitate effective progress in the children's communication skills. The children have responded so well to these that they are now part of our general routine.

July 2007
End of term Song Concert and Summer Fun Day.

December 2007
Nativity Play and Christmas Fete.

March 2008
Easter Parade.

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“When I realised my little boy had learning difficulties, I didn’t know where to turn for help. I am very grateful for the progress he has made here and for all you have done to make sure he will get the help he needs when he goes to school.”

Parent *of child who attends Pre-School*

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JUNIOR YOUTH CLUB — ANDREA SKILBECK

The Junior Youth Club for children aged 7 to 11 is held on Tuesday and Thursday evenings throughout the year. It provides opportunities to participate in a wide range of activities in a safe, caring and stimulating environment.

Case History

In September a mother asked us if her son M who has hydrocephalus, mobility problems, learning difficulties and communication problems could join Junior Club.

As our policy is to adapt and create a programme to include children with special needs, we discussed his medical requirements and possible risks, and jointly created a care plan. We explained his situation to the other children before he attended the first session, so that they would take his needs into consideration when playing with him. Despite his mobility problems he is able to play football with a small group of children who slow the game down. He enjoys karaoke, table tennis, building cars from Lego and is always the first to offer his help with food preparation.

Currently the Club has 140 children registered.

22% are from an Ethnic background

13% have Special or Educational needs

Summer 2007
Off site trips to Chessington World of Adventures, Syon Park, Thorpe Park and the cinema.

September 2007
A joint residential with the Junior Youth Inclusion Project. This enabled children from both projects to form new friendships and lasting bonds with staff from other projects.

December 2007
Trips to Hampton Court ice skating rink and High School Musical on Ice.

February 2008
Healthy eating month. All the children enjoyed this especially as we incorporated it with Chinese New Year.

March 2008
Hair and Beauty. 3 of the Senior Youth Club girls covered topics such as not sharing make-up and cleaning it off correctly.

A New initiative
Identifying young people who would like to become youth workers. So far, four have been identified and their names have been submitted to the youth service for an introduction to youth work course in October 2008.

A Challenge Faced
We have had young people attending from all over the borough and from different areas in London and Middlesex. Some of them are known to be members of gangs. So far we have managed to prevent any serious problems occurring at the Centre and the young people and staff have worked really well together.

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“I feel happy to leave my child at the Club; I know he will be safe and happy.”

Parent of child *attending Junior Youth Club*

“I plan to keep on working at the Junior Club because I love the staff and children. It’s a wicked place to work.”

Staff member *of Junior Youth Club*

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CONNEXIONS — SIOBHAN DONOGHUE

Connexions provides intensive support for 16 to 19 year olds in Hanworth who have been identified as having multiple issues, preventing them from engaging in education, employment and training. These young people are refered to as ‘NEET’.

Case History
M is from a large settled traveller family. His mother attends the Parenting Group and his young siblings attend the Junior Youth Inclusion Project but M was reluctant to engage with support. He is an ex-offender whose girlfriend has just given birth to a baby boy.

I talked to M at Senior Club sessions. After some time he began to trust me and asked if I would help him with a CV and apply for job vacancies. He asked if he could attend the Centre once a week as part of his Youth Offending Team order. He understood the consequences if he did not attend (it would be counted as a breach) and he continues to attend. Staff have noticed that he is more committed, motivated and has more self confidence. M did a mock interview with Andy Clarke, the Senior Youth Development Manager which was very successful. He attended an interview in February and, although he was not offered the job, it was a good learning experience made him feel more confident.

M continues to attend the Centre weekly, applies for jobs and has started an Open College Network course — Preparation for Work.

Success rates with young people

44% in employment or apprenticeship
30% E2E (entry to work course)
15% in training for work
7% now go to college
4% have undertaken work experience

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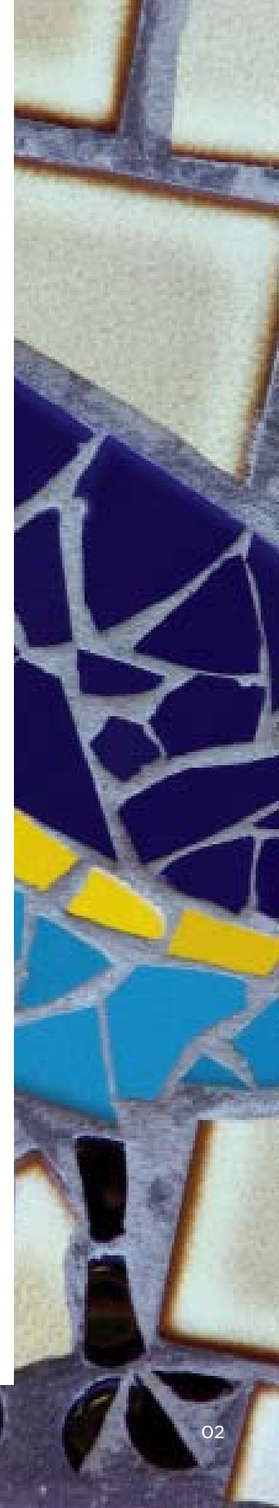
“Hi, its G, I am texting you to let you know I am on level 2 (Apprenticeship) at Carillion and am now working on a building site in Baker Street.

Thank you so much for getting me on this course. I am eternally grateful.”

Young person *who attended Connexions*



COME AND
HANG OUT
WITH THE
SENIOR
YOUTH CLUB

SENIOR YOUTH CLUB — ANDY CLARKE

The Senior Youth Club is for young people aged 13 to 19 and is held on Monday and Wednesday evenings during term-time.

Many of the local young people who want to find employment would benefit from further education/training. Due to their lack of experience they can't get work easily and quickly become de-motivated.

We are offering the young people Open College Network training in Preparation for Work so they can understand what employers are looking for. We plan to start basic literacy and numeracy sessions at the Centre so they can study at their own pace, online, to improve their skills.

As many young people have never attended an interview and lack confidence to explain why they are employable they applied to the Peers Early Education Partnership for funding to start drop-in preparation for work sessions at the Centre, and were awarded £2,136. We have purchased laptops and special resources and the sessions will start in May 2008.

To support this I will ask local employers to give mock interviews at the Centre to build young people's confidence.
make a donation to assist with purchase of suitable clothing for interviews.
offer a work trial for new young employees rather than assess abilities on interview alone offer work experience to young people build a CV.

Case History
R&C were having problems at school; neither of them could control their anger. Although they went to different schools, they both self-harmed by punching walls and windows. After three sessions of anger management R&C felt that they were in a better position to cope with their anger. We still see both of them and they are very proud to report that they are still managing their anger in a positive way and we have seen no more evidence of self-harming.

237 young people between the ages of 12 and 21 attended the Senior Youth Club sessions in the past year.

In **December 2007** one of our members, Billy K, won the Hounslow Youth Services Male Young Person of the Year Award at its Annual Celebration of Youth Achievement. Through his music he tries to educate young people and divert them away from anti-social behaviour and crime.

The music project has brought young people from all over the Borough and from other parts of London to the Centre. A group of young people have recorded a music track and intend to produce a video to it shown on channel U. (Sky Television).

The **weekly teenage health advice** and guidance service is doing very well.
The **Connexions Personal Advisor** is present every Wednesday.

The **Drugs and Alcohol Advisors** work very well with the young people who are making use of the information that they receive and are often seen reading the literature available at the Centre.

October 2007
Day trip to Pirbright Army Training Camp for paint balling, long distance cycling and team building activities.

November 2007
Six young girls and staff spent three days on a residential in the New Forest which included outdoor activities, discussions on sexual health and drug awareness. They also visited Bournemouth, an aquarium and the cinema.

JUNIOR YOUTH INCLUSION PROJECT (JYIP) — BIJAL ODEDRA

JYIP runs four afternoons a week. We work intensively with young people who have been referred because of their high levels of anti-social behaviour and lack of engagement with education.

Case History

K is a young person with a lot going on in his life. At the age of 11, he has seen his older brother and dad taken to prison, his family evicted from their home and has been involved in a very bad hit and run accident. Because of this K would not go anywhere without his mum who felt that she could not have any time to her self. His behaviour at school worsened, his literacy was very poor, he could not do the work and he was excluded consistently for fighting and disobeying. He was not allowed out during break times at school and would never go on any school trips because of to his attachment issues.

After intensive anger management, much relationship building and work with his mum, K's life changed. He has not been excluded from school since September 2007 and has been on ice skating trips with us. His mum finds it easier to cope with him and has a lot of support from the parenting group. The family is generally getting along better.

Although K will need more support when he moves from primary to secondary school in September 2008, the family has the confidence that the JYIP will support him through this stage.

No 8 to 13 year olds from Hanworth have appeared on the Anti-Social Behaviour Action Group (ASBAG) this year.

The following statistics are taken from the 2007 independent evaluation of the JYIP:

86% of young people on the JYIP strongly agree that JYIP staff is always helpful, the other 14% agree.

81% strongly agree that they are closer to their family.

77% are more confident.

77% strongly agree that their attendance at school has improved.

Summer 2007
Trips to Chessington, Thorpe Park, Syon Park and the cinema.

September 2007
Joint residential with the Junior Youth Club.

Parenting Support Group
For parents of young people on the JYIP. All parents attending have shown a great deal of commitment.

The Street Dance Project had a very successful finale.

Trips to Madame Tussauds and London Aquarium. We trained young people to use the train safely and read tube maps.

A New Initiative
To develop the leadership skills within the older members of the JYIP by helping to organise activities, lead sessions and encourage more positive role models within the group.

A Challenge Faced
This year's referrals have different and more complex needs. Finding resources is not always easy. As young people present new challenges, more time, effort and patience is required. It has been hard finding what works with individual families and young people. The overall outcome has been positive, but not without difficulty along the way.

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"You treat us like we are adults … you don't try and trick us … you don't tell us what to do."

Child *attending JYIP*

"You have done so much for our children…and now you are doing the same for us."

Parent *of child attending JYIP*

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HEALTH VISITOR'S REPORT — JENNY MILN

The weekly Well Baby Clinic enables us to support local families, assess a child's development needs, assess parenting capacity and safeguard children.

Approximately 30 children attend the sessions each week.

We encounter and help to combat maternal depression, domestic violence and substance misuse. We actively support first time young mothers and parents with learning difficulties.

We offer an effective child health promotion programme, constantly trying to adapt to changes in public expectations and to the changing diversity of the community.

COMMUNITY GROTUPS

There is a wide range of community groups who use the Hanworth Centre throughout the week.

TE-AT-SU Karate giving youngsters an outlet for their energy and helping them keep fit. Over 50 children and adults take classes every week.

Jean Inwards School of Dance has over 170 pupils aged three upwards and offers classes ranging from ballet to modern dance. The school is very successful with pupils moving on to roles in musicals or theatre.

Yoga class has proved to be a great boon for those seeking a more relaxed way to keep fit. This group is enjoyed by all who attend and is open to a wide age range. keep fit. This group is enjoyed by all who.

Balkan Dance is a specialty group running once a month. It currently has 12 regular attendees aged from 50 to 80.

Over 50s is a thriving group offering a full range of social activities, from trips to bingo, local speakers to health and everything in between.

Al-Umm is a weekly parent and carer group led by Muslim mothers and offers a very valuable meeting place in the community.

ADULT & COMMUNITY EDUCATION (ACE)

The main focus of ACE for 2007/2008 is to improve the confidence and skills of local people that will lead to further training and increased chances to gain employment.

194 total number of learners — 81% female 19% male.

181 people received Information and advice.

13 different course titles — 22 individual courses.

The most popular course — Food Safety certificate.

The most fun and creative course — Cake Decoration L2 NCFE. Outcomes included a trip to a specialised exhibition/display.

Case Histories

CD left school without achieving any qualifications and has now completed three courses. She is hoping to progress onto more courses to enable her to find future employment. CD stated that “I was amazed at my own achievements, my confidence increased every time I achieved a course module!’.

SN is a lone parent who completed the Classroom Assistant's diploma when also attended a legal course. She is currently on a work placement in a solicitor’s office. In order to enable her to do this she has received support from the Hounslow Lone Parent Network and Children’s Information Services for Childcare.

TREASURER'S REPORT — DAVID KAYE

The Due to the slower than anticipated start of certain programmes, HAY finished the year with higher reserves and a stronger-looking balance sheet. However both income and expenses fell compared to 2006/2007, and we expect reserves to fall in 2008/2009 as these programmes gear up. Both of our core grants of JYIP and Connexions are entering their sixth year in 2008/2009. We have successfully bid for the new Connexions contract and JYIP is continuing although we expect to be asked to bid on a new contract during the course of the year.

HAY continues to have large restricted reserves; capital reserves for the refurbishment of the Hanworth Centre completed in 2004 are being amortised over the remaining 16 years of the lease and, as such, is not income that can be expended. £972,000 remains to be amortised. Revenue Reserves are divided into three parts: Restricted is the unspent portion of programme funding which has been received in advance and is therefore ring fenced, Designated is the reserve required by the Charity Commission and approved by the Directors, and Unrestricted reserves.

Summary Results for the year ended 31 March (to the nearest £1,000)

	2008	2007
Income		13
Building redevelopment	396	449
Revenue funding	30	8
Unrestricted income	30	20
Investment income		
	456	**490**
Expenses	243	294
Staff and projects	53	45
Hanworth Centre	38	7
Association		
	333	**346**
	123	144
Cash Income	70	69
Depreciation		
	53	75
Net Income		
Revenue Reserves	288	205
Restricted		
	90	90
Designated	65	25
Unrestricted		
	443	**320**

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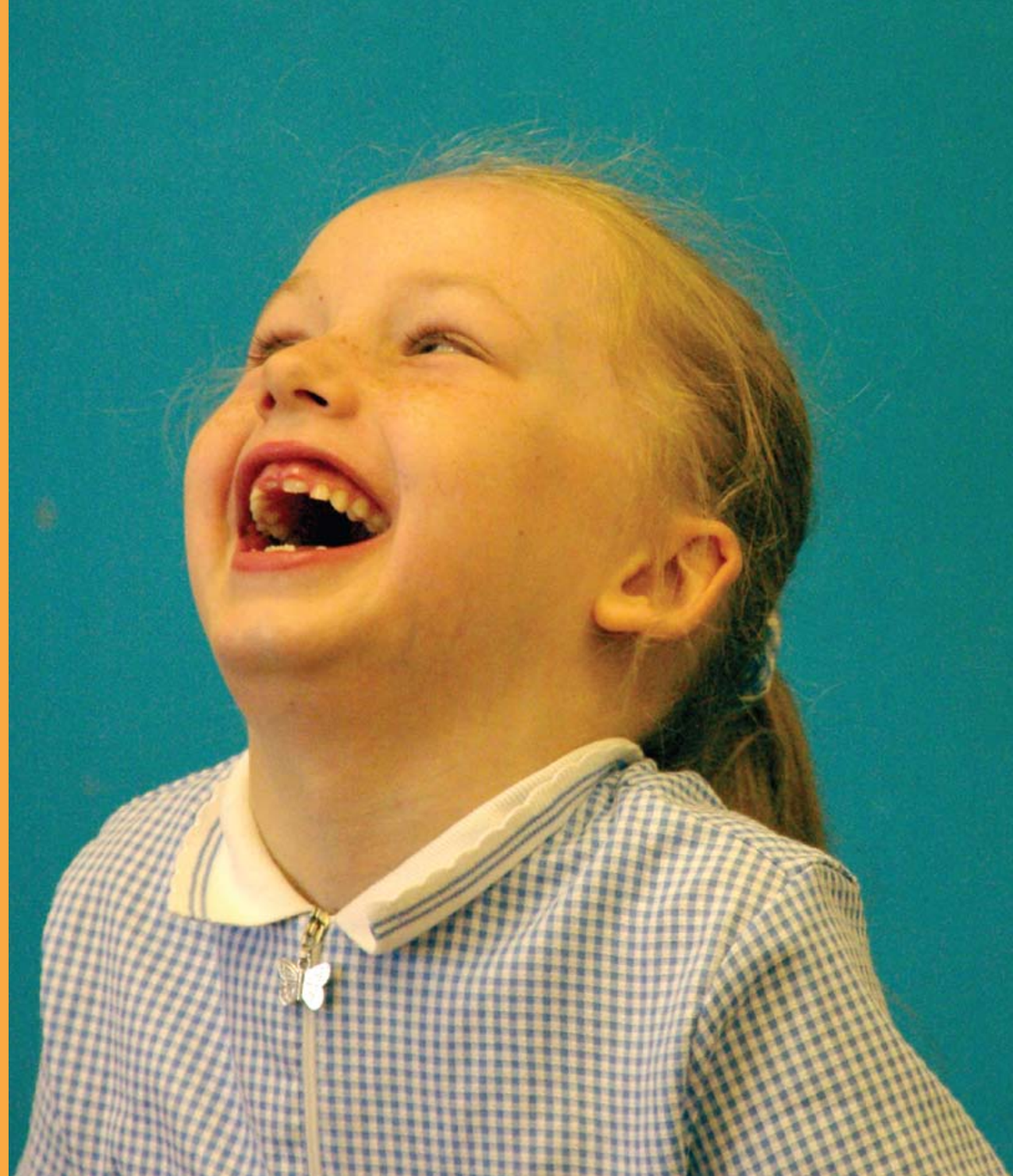
Designated	90	90
Unrestricted	65	25
	443	**320**



Dozens of people and organisations have been involved in making our work possible at the Centre. Unfortunately we cannot thank everyone individually. We extend our warmest thanks to everyone who has helped us during the year and would, however, like to mention the following supporters:

Abbey National Charitable Trust
Awards for All
Charles Dunstone Charitable Trust
Children's Fund
Coutts and Company Charitable Trust
City Parochial Foundation
Community Investment Fund
Connexions
Early Year Development and Childcare Partnership
Garfield Weston Foundation
Global Asset Management
Goldsmiths' Company Charity
JO Hambro Investment Management Ltd
London Borough of Hounslow
Mercers' Charitable Foundation
PEEP (Youth Opportunity Fund)
Rathbones
St Michael & All Angels Church
Thames Community Fund
Woodroffe Benton Foundation
Anonymous rusts

We would also like to express our appreciation to the following organisations for their support and active input into the development of the Centre over the past year:

Community Initiative Partnership
Feltham Arts
Feltham Community College
Hounslow Early Years Development and Childcare Partnership
Hounslow Children's Services and Lifelong Learning
Hounslow Homes
Hounslow Police
Hounslow and Spelthorne NHS Trust
Hounslow Voluntary Sector Forum
Hounslow Youth Service
Oriel School
Skills Centre
Youth Offending Service